

**Natasha Vani, B.Sc.,MSc., N.D.**  
*Naturopathic Doctor*

**General Patient Information  
and Consent Form**

Name: \_\_\_\_\_  
DOB: \_\_\_\_\_ Age: \_\_\_\_\_  
(mm/dd/yyyy)  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
Postal Code: \_\_\_\_\_  
Birthplace: \_\_\_\_\_  
Occupation: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_  
Emergency Contact #: \_\_\_\_\_

Date: \_\_\_\_\_  
Gender: M F  
Phone: (W) \_\_\_\_\_  
(C) \_\_\_\_\_  
(H) \_\_\_\_\_  
Email: \_\_\_\_\_  
Marital Status: \_\_\_\_\_  
Length of Empl.: \_\_\_\_\_

Please describe your primary reasons for seeking healthcare. If this involves a specific condition, please list when you first noticed symptoms or when an initial diagnosis was made.

1 \_\_\_\_\_ Since: \_\_\_\_\_  
2 \_\_\_\_\_ Since: \_\_\_\_\_  
3 \_\_\_\_\_ Since: \_\_\_\_\_

Check the conditions that you are currently experiencing, or have experienced often in the past. If more space is required please use the reverse side of this sheet.

	Current/Previous		Current/Previous		Current/Previous		Current/Previous
<b><u>General</u></b>		<b><u>Head/Neck</u></b>		<b><u>Cardiovascular</u></b>			
Fatigue	<input type="checkbox"/>	<input type="checkbox"/> Headaches	<input type="checkbox"/>	<input type="checkbox"/> High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fever	<input type="checkbox"/>	<input type="checkbox"/> Type: _____	<input type="checkbox"/>	<input type="checkbox"/> low blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sweats	<input type="checkbox"/>	<input type="checkbox"/> Frequency: _____	<input type="checkbox"/>	<input type="checkbox"/> Chest pain/tightness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fainting	<input type="checkbox"/>	<input type="checkbox"/> Vision Problems	<input type="checkbox"/>	<input type="checkbox"/> palpitations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness	<input type="checkbox"/>	<input type="checkbox"/> TMJ Concerns	<input type="checkbox"/>	<input type="checkbox"/> Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Insomnia	<input type="checkbox"/>	<input type="checkbox"/> Decreased hearing	<input type="checkbox"/>	<input type="checkbox"/> Angina	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Loss of consciousness	<input type="checkbox"/>	<input type="checkbox"/> Ringing in the ears	<input type="checkbox"/>	<input type="checkbox"/> Artery Hardening	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poor memory	<input type="checkbox"/>	<input type="checkbox"/> Difficulty swallowing	<input type="checkbox"/>	<input type="checkbox"/> Varicose veins	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Frequent colds	<input type="checkbox"/>	<input type="checkbox"/> Hair loss	<input type="checkbox"/>	<input type="checkbox"/> Swelling of the ankles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weight gain	<input type="checkbox"/>	<input type="checkbox"/> Hypothyroid	<input type="checkbox"/>	<input type="checkbox"/> Poor circulation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weight loss	<input type="checkbox"/>	<input type="checkbox"/> Hyperthyroid	<input type="checkbox"/>	<input type="checkbox"/> Numbness/tingling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/> Tonsillitis	<input type="checkbox"/>	<input type="checkbox"/> Stroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b><u>Psychological</u></b>	<input type="checkbox"/>	<input type="checkbox"/> Whooping Cough	<input type="checkbox"/>	<input type="checkbox"/> Elevated cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alcoholism	<input type="checkbox"/>			<input type="checkbox"/> Bleeding disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/> <b><u>Skin</u></b>		<input type="checkbox"/> Anemia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anxiety	<input type="checkbox"/>	<input type="checkbox"/> Rashes/Eczema	<input type="checkbox"/>	<input type="checkbox"/> Leukemia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mania	<input type="checkbox"/>	<input type="checkbox"/> Itching	<input type="checkbox"/>	<input type="checkbox"/> Rheumatic Fever	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Panic Attacks	<input type="checkbox"/>	<input type="checkbox"/> Bruise Easily	<input type="checkbox"/>				
Schizophrenia	<input type="checkbox"/>	<input type="checkbox"/> Dryness	<input type="checkbox"/>				
Substance Abuse	<input type="checkbox"/>	<input type="checkbox"/> Boils/Hives	<input type="checkbox"/>				
		<input type="checkbox"/> Contagious Skin Disease	<input type="checkbox"/>				

	Current/Previous			Current/Previous			Current/Previous	
<b><u>Genitorurinary</u></b>			<b><u>Gastrointestinal</u></b>			<b><u>Women's Health</u></b>		
Difficulty Urinating	<input type="checkbox"/>	<input type="checkbox"/>	Poor digestion	<input type="checkbox"/>	<input type="checkbox"/>	Painful Menstruation	<input type="checkbox"/>	<input type="checkbox"/>
Painful urination	<input type="checkbox"/>	<input type="checkbox"/>	Heartburn	<input type="checkbox"/>	<input type="checkbox"/>	Excessive flow	<input type="checkbox"/>	<input type="checkbox"/>
Frequent Urination	<input type="checkbox"/>	<input type="checkbox"/>	Excessive hunger	<input type="checkbox"/>	<input type="checkbox"/>	Irregular Cycle	<input type="checkbox"/>	<input type="checkbox"/>
Blood in Urine	<input type="checkbox"/>	<input type="checkbox"/>	Excessive thirst	<input type="checkbox"/>	<input type="checkbox"/>	Hot flushes	<input type="checkbox"/>	<input type="checkbox"/>
Kidney Infections	<input type="checkbox"/>	<input type="checkbox"/>	Belching or gas	<input type="checkbox"/>	<input type="checkbox"/>	PMS	<input type="checkbox"/>	<input type="checkbox"/>
Bed Wetting	<input type="checkbox"/>	<input type="checkbox"/>	Nausea/Vomitting	<input type="checkbox"/>	<input type="checkbox"/>			
Leakage	<input type="checkbox"/>	<input type="checkbox"/>						
Prostate trouble	<input type="checkbox"/>	<input type="checkbox"/>				<b><u>Muscles and Joints</u></b>		
Difficulty with sex	<input type="checkbox"/>	<input type="checkbox"/>				Stiff neck	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty with arousal	<input type="checkbox"/>	<input type="checkbox"/>				Backache, stiff back	<input type="checkbox"/>	<input type="checkbox"/>
Pain with intercourse	<input type="checkbox"/>	<input type="checkbox"/>				Swollen joints	<input type="checkbox"/>	<input type="checkbox"/>
Abnormal discharge	<input type="checkbox"/>	<input type="checkbox"/>				Weakness	<input type="checkbox"/>	<input type="checkbox"/>
Plantar warts	<input type="checkbox"/>	<input type="checkbox"/>				Loss of Strength	<input type="checkbox"/>	<input type="checkbox"/>
Venereal Warts (HPV)	<input type="checkbox"/>	<input type="checkbox"/>				Foot Trouble L/R	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>				Shoulder pain L/R	<input type="checkbox"/>	<input type="checkbox"/>
HIV/AIDS	<input type="checkbox"/>	<input type="checkbox"/>				Elbow pain L/R	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>				Wrist pain L/R	<input type="checkbox"/>	<input type="checkbox"/>
Chickenpox	<input type="checkbox"/>	<input type="checkbox"/>				Hip pain L/R	<input type="checkbox"/>	<input type="checkbox"/>
Lyme Disease	<input type="checkbox"/>	<input type="checkbox"/>				Knee pain L/R	<input type="checkbox"/>	<input type="checkbox"/>
Malaria	<input type="checkbox"/>	<input type="checkbox"/>				Arthritis	<input type="checkbox"/>	<input type="checkbox"/>
Measles	<input type="checkbox"/>	<input type="checkbox"/>				Scoliosis	<input type="checkbox"/>	<input type="checkbox"/>
Mumps	<input type="checkbox"/>	<input type="checkbox"/>				Gout	<input type="checkbox"/>	<input type="checkbox"/>
Rubella	<input type="checkbox"/>	<input type="checkbox"/>				Multiple Sclerosis	<input type="checkbox"/>	<input type="checkbox"/>
Scarlet Fever	<input type="checkbox"/>	<input type="checkbox"/>				Chronic Fatigue	<input type="checkbox"/>	<input type="checkbox"/>
Mononucleosis	<input type="checkbox"/>	<input type="checkbox"/>				Syndrome	<input type="checkbox"/>	<input type="checkbox"/>
Typhoid Fever	<input type="checkbox"/>	<input type="checkbox"/>				Fibromyalgia	<input type="checkbox"/>	<input type="checkbox"/>
Yellow Fever	<input type="checkbox"/>	<input type="checkbox"/>				Parkinsons Disease	<input type="checkbox"/>	<input type="checkbox"/>
Parasites/worms	<input type="checkbox"/>	<input type="checkbox"/>						

MMR (measeles/mumps/rubella)		
"Flu" Shot		
Polio		
Hepatitis A		
Hepatitis B		
Smallpox		
Other		

**List any medications or supplements you are taking**

1	Reason: _____	Dosage: _____	Since: _____
2	Reason: _____	Dosage: _____	Since: _____
3	Reason: _____	Dosage: _____	Since: _____
4	Reason: _____	Dosage: _____	Since: _____

**Are you under the regular care of any other healthcare practitioners?** YES/NO

(MD, chiropractor, RMT, homeopath)?

Practitioner _____	Reason: _____	Since: _____
Practitioner _____	Reason: _____	Since: _____
Practitioner _____	Reason: _____	Since: _____

**Do you have any allergies, sensitivities, or intolerances to the following?**

Substance	YES/NO	Please explain
Medications or Drugs	<input type="checkbox"/> <input type="checkbox"/>	
Cats, dogs, or other animals	<input type="checkbox"/> <input type="checkbox"/>	
Feathers	<input type="checkbox"/> <input type="checkbox"/>	
Molds	<input type="checkbox"/> <input type="checkbox"/>	
Dust	<input type="checkbox"/> <input type="checkbox"/>	
Smoke	<input type="checkbox"/> <input type="checkbox"/>	
Exhaust	<input type="checkbox"/> <input type="checkbox"/>	
Perfumes, soaps or detergents	<input type="checkbox"/> <input type="checkbox"/>	
Latex	<input type="checkbox"/> <input type="checkbox"/>	
Synthetic chemicals	<input type="checkbox"/> <input type="checkbox"/>	
Nuts	<input type="checkbox"/> <input type="checkbox"/>	
Milk products	<input type="checkbox"/> <input type="checkbox"/>	
Other	<input type="checkbox"/> <input type="checkbox"/>	

**Do you use any of the following? If so, please indicate amount and duration of use.**

	Amount	Since		Amount	Since
Alcohol			Fried Food		
Tea			Fast Food		
Coffee			Distilled Water		
Carbonated Beverages			Tobacco		
Non-sugar sweetner			Recreational Drugs		
Candy			Antacids		
Chocolate			Pain Relief medications		
Sweets			OTC medication		
Salt			Laxatives		
Margarine			Sleeping Pills		
Luncheon meats			Hormone Therapy		

**Do you do any of the following? If yes, please explain.**

	YES/NO	Explain
Diet Often	<input type="checkbox"/> <input type="checkbox"/>	
Exercise	<input type="checkbox"/> <input type="checkbox"/>	
Enjoy your work	<input type="checkbox"/> <input type="checkbox"/>	
Experience exposure to chemicals ( <i>work, home, hobbies, pesticides, etc.</i> )	<input type="checkbox"/> <input type="checkbox"/>	
Experience Exposure to tobacco smoke	<input type="checkbox"/> <input type="checkbox"/>	
Sleep near electrical appliances	<input type="checkbox"/> <input type="checkbox"/>	
Volunteer, partake in hobbies or leisure activities that you enjoy	<input type="checkbox"/> <input type="checkbox"/>	
Have a mind-body practice ( <i>yoga, tai-chi, meditation, visualization</i> )	<input type="checkbox"/> <input type="checkbox"/>	
Watch television ( <i>hours per day</i> )	<input type="checkbox"/> <input type="checkbox"/>	
Use a computer ( <i>hours per day</i> )	<input type="checkbox"/> <input type="checkbox"/>	

**HEALTH PARAMETERS**

Please describe your energy: \_\_\_\_\_ Recent Changes? \_\_\_\_\_  
Please describe your mood: \_\_\_\_\_ Recent Changes? \_\_\_\_\_  
Please describe your appetite: \_\_\_\_\_ Recent Changes? \_\_\_\_\_  
Do you eat 3 meals daily? Yes  NO  Sometimes   
Do you have any specific dietary restrictions? Yes  NO   
If yes, please describe: \_\_\_\_\_

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How much water do you drink daily? \_\_\_\_\_ glasses/day  
Please describe your sleep? \_\_\_\_\_ Recent Changes? \_\_\_\_\_  
How many hours do you sleep each night? \_\_\_\_\_ hours/night  
Do you have difficulty falling asleep? Yes  NO  Sometimes   
If yes, do you use anything to help you asleep? \_\_\_\_\_  
Do you awaken refreshed? Yes  NO  Sometimes   
Do you nap during the day? Yes  NO  Sometimes

2  
3

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*Consent re: Personal Information and Treatment*

We value the trust you have placed in us and are taking all appropriate measures to safeguard your personal information and confidence. We have established a privacy policy to ensure that your personal information and personal health information is protected. Our privacy policy is available at our reception and at [www.satoriwellness.com](http://www.satoriwellness.com). In accordance with our privacy policy, we request that you provide your consent as set out below.

I agree that Satori Urban Wellness can collect, use and disclose my personal information and personal health information provided by me in this client health inquiry history form to provide me with the services I request and for the other limited purposes set out in Satori Urban Wellness' privacy policy.

I hereby give my consent for treatment. I am also aware that Satori Urban Wellness will bear no responsibility in the event of any injury or harm that may occur as a result of treatment reasonably and professionally administered. I acknowledge that Satori Urban Wellness will not be responsible for any lost or stolen personal belongings.

I declare I will inform Satori Urban Wellness if there are any changes in my health history, upon my next visit.

**I have been advised Satori Urban Wellness' 24hr cancellation policy, and I authorize a full service charge should this be enforced.**

\_\_\_\_\_  
(Signature of Patient)

\_\_\_\_\_  
(Date)